



Christian Self Defense

By

Sensei Mark McGee

Grace Martial Arts believes that Christians have a right to defend themselves, their families and people in danger. We see no law, principle or suggestion in the Bible against Christians defending themselves or someone in danger. In fact, God gives parents, lawmakers and governments the responsibility to defend themselves and other law-abiding citizens against attacks. That's why cities, counties and states hire law enforcement officers and nations build military divisions: to defend themselves against criminal attack. It is well within the right of every citizen to defend themselves within the parameters of the laws of the individual states and the country.

Fighting and self-defense are not the same thing. Fighting because of greed, jealousy or the desire to dominate or harm another person is wrong. GMAF teaches students to defend rather than fight. The word defend means “to make or keep safe from danger, attack, or harm.”

The sole purpose of self-defense is to protect your life or the life of someone in your family or an innocent person who is in danger from attack or harm. That is well within the framework of God’s Word and Will.

Grace Martial Arts has developed special self-defense classes to help Christian families, churches, schools and organizations in a world growing more violent every day. Unfortunately, some of that violence is aimed at Christians and the Christian community. It is our desire to help every Christian learn how to defend themselves and their family.

Sensei Mark McGee has been involved in martial arts training since 1961 and began teaching in 1964. He became a Christian in 1971 and started teaching martial arts from a Christian perspective. He joined Judo and Karate For Christ in 1972 and started Grace Martial Arts in 1990. Mr. McGee teaches programs that emphasize “Saved and Safe.” Being “saved” means knowing you are saved from sin by the Blood of Jesus Christ and will go to heaven because of His Resurrection from the grave. Being “safe” means knowing how to defend yourself and others physically.

“Watch, stand fast in the faith, be brave, be strong. Let all that you do be done with love.” 1 Corinthians 16:13-14